

ESCALA DE PLANTAO MENSAL - SEOHP							
						set/23 Ano: 2023	
Nome da Unidade Hospitalar: HINSG							
HOSPITAL-DIA							
SEMANA	SEGUNDA	TERÇA	QUARTA	QUINTA	SEXTA	SABADO	DOMINGO
HORAIDIA					1	2	3
7h as 13h					Camila	Daniela	Daniela
13h as 19h					Daniela		
HORAIDIA	4	5	6	7	8	9	10
7h as 13h	Sara	Lorena	Thaís Viana	Daniela	Daniela	Daniela	Daniela
13h as 19h	Claudia H.	Rita	Thaís Viana				
HORAIDIA	11	12	13	14	15	16	17
7h as 13h	Sara	Lorena	Thaís Viana	Sara	Camila	Thais M.	Thais M.
13h as 19h	Claudia H.	Rita	Thaís Viana	Camila	Daniela		
HORAIDIA	18	19	20	21	22	23	24
7h as 13h	Sara	Lorena	Thaís Viana	Sara	Camila	Daniela	Daniela
13h as 19h	Claudia H.	Rita	Thaís Viana	Camila	Daniela		
HORAIDIA	25	26	27	28	29	30	
7h as 13h	Sara	Lorena	Thaís Viana	Joana	Camila	Sara	
13h as 19h	Claudia H.	Rita	Thaís Viana	Camila	Daniela		
HORAIDIA							
7h as 13h							
13h as 19h							
SOBREAVISO A DISTANCIA							
SEMANA	SEGUNDA	TERÇA	QUARTA	QUINTA	SEXTA	SABADO	DOMINGO
HORAIDIA					1	2	3
19-7 h					Sara	Sara	Sara
12:30-7 h					Wesley	Wesley	Wesley
HORAIDIA	4	5	6	7	8	9	10
19-7 h	Sara	Sara	Sara	Ana Kariny	Ana Kariny	Ana Kariny	Ana Kariny
12:30-7 h	Prisces	Aminadab	Wesley	Lara	Lara	Lara	Lara
HORAIDIA	11	12	13	14	15	16	17
19-7 h	Ana Kariny	Ana Kariny	Ana Kariny	Ana Kariny	Camila	Camila	Camila
12:30-7 h	Prisces	Aminadab	Wesley	Tatiana	Tatiana	Tatiana	Tatiana
HORAIDIA	18	19	20	21	22	23	24
19-7 h	Camila	Camila	Camila	Camila	Camila	Camila	Camila
12:30-7 h	Prisces	Aminadab	Wesley	Tatiana	Lara	Lara	Lara
HORAIDIA	25	26	27	28	29	30	
19-7 h	Camila	Camila	Camila	Camila	Thais V.	Thais V.	
12:30-7 h	Prisces	Aminadab	Wesley	Luciana	Prisces	Prisces	